



This project is funded by  
the European Union's  
Asylum, Migration and  
Integration Fund

INTEGRA



# Rayeiz Rahman

- Kabul, Afghanistan
- Lycée Esteqlal (Esteqlal High School)
- TV Presenter
- 2014 to Slovakia
- My family consists of my mom, 3 brothers and sister
- 2014-2019: Masters Degree from Technical University of Košice
- Working as Network Engineer



INTEGRA project has received funding from the European Union's Asylum, Migration and Integration Fund under grant agreement № 776047



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# Why did I involve in Integra Project

- To present that foreigners and migrants are active and involved in the local community
- Express my and other foreigners opinions and experience
- Good way to adopt, integrate into the new culture and get to know new friends

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# At INTEGRA I was involved at

- **Focus group meeting:**

I got to know about other non-profit organizations, I met other foreigners.

I could express my opinion and opinion of TCN community.

- **IntegRAre! (public event in TED talk style)**

I met active minorities representatives and foreigners who adopted Slovak culture and currently help their community members.

I could present my story and people listened.



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# How to integrate faster, my recommendations

- Attend various activities or events
- Be active during language courses
- Participate at programs connecting local citizens and foreigners, do networking and new friends



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# Plan for the future

- Keep my job
- Explore new opportunities
- Support my family and motivate my siblings to get good education
- Help Afghan community to integrate in the new culture
- Be the link between TCN and local people

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# INTEGRA METHODOLOGIES

**Lenka Czikková**

ETP Slovakia – Centre for Sustainable Development  
Slovakia

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## Project implemented in

- Sofia, Bulgaria
- Osijek, Croatia
- Prague, Czech Republic
- Rubano, Italy
- Košice, Slovakia

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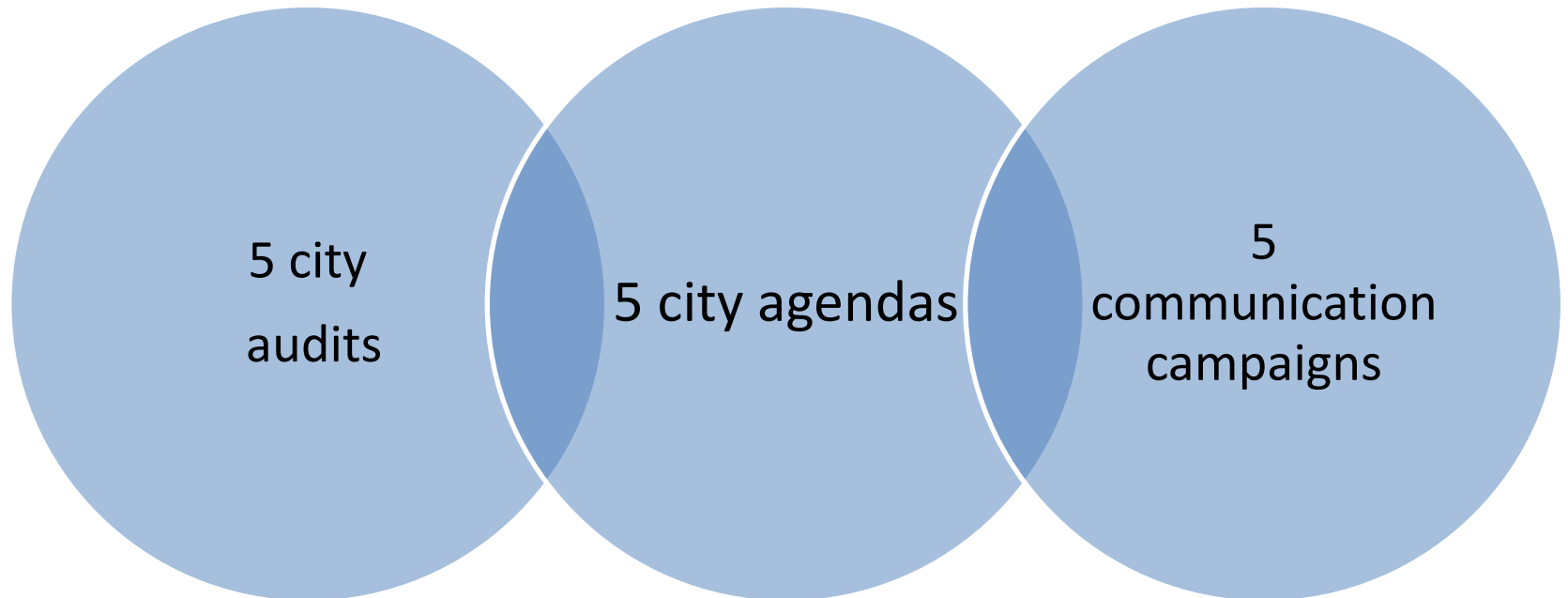


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# Main outputs of the INTEGRA project



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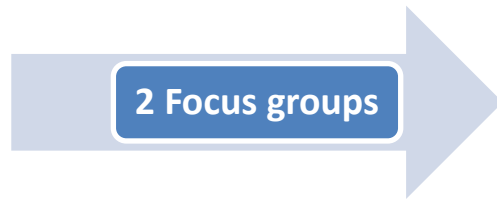


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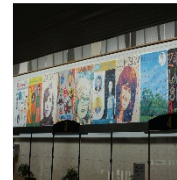
# INTEGRA



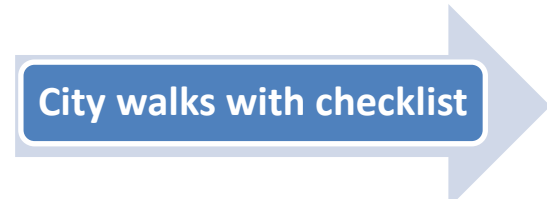
## City audits methodologies



**85**



City vision and services to TCN



**114**

Civic Participation and Social Inclusion of TCN and Migrant Communities



**137**



Attitudes towards TCN and migrants

Urban Environment and Safety



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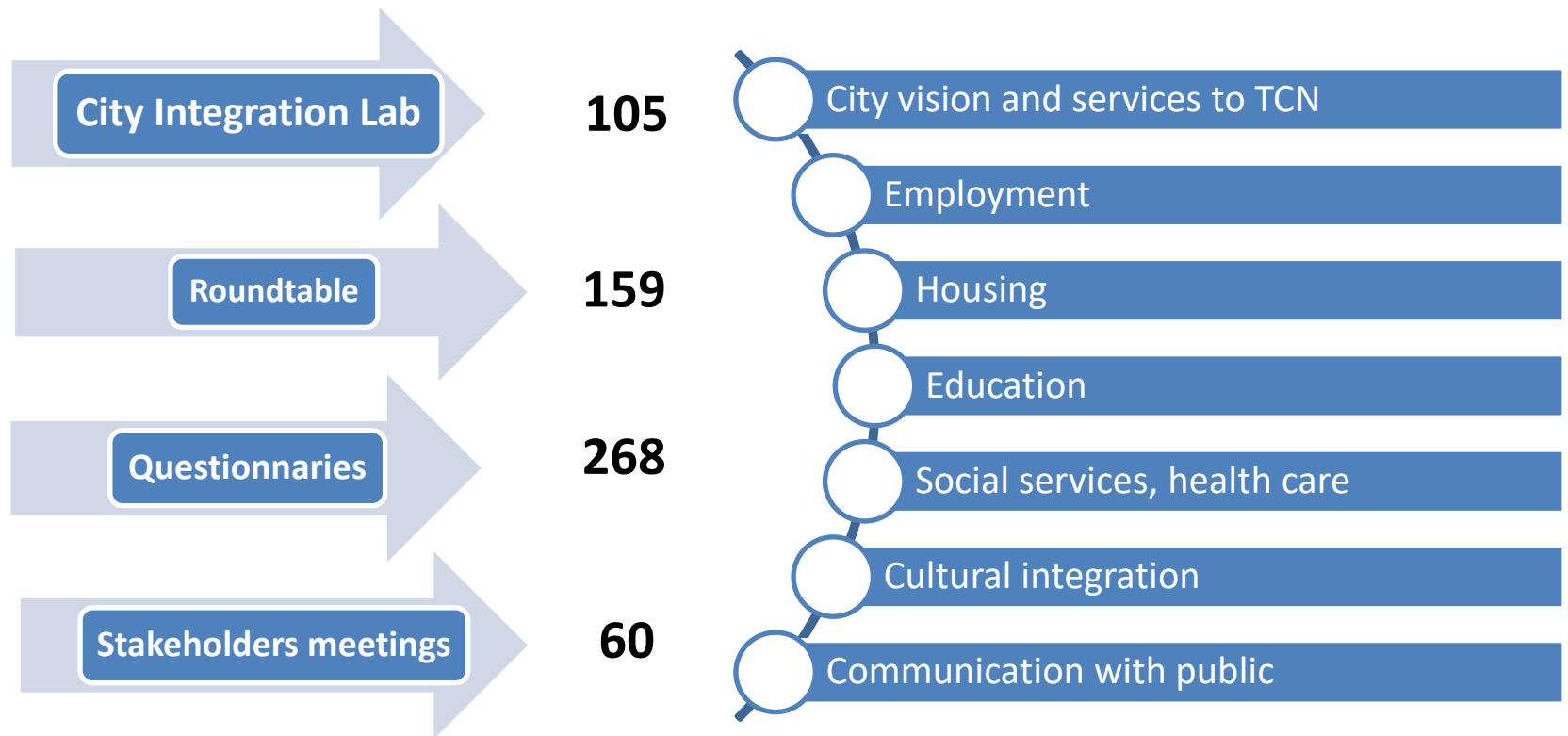


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## City Integration Agenda methodologies



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## Citizen participation, incl. TCN

Experts play the role, but INTEGRA gives the voice to people, who are actually part of the integration.



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# **INTEGRA METHODOLOGIES, RESOURCES AND CREATIVE TOOLS**

**Marina Kisyova de Geus**  
RiskMonitor  
Bulgaria

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# PhotoVoice and Videos

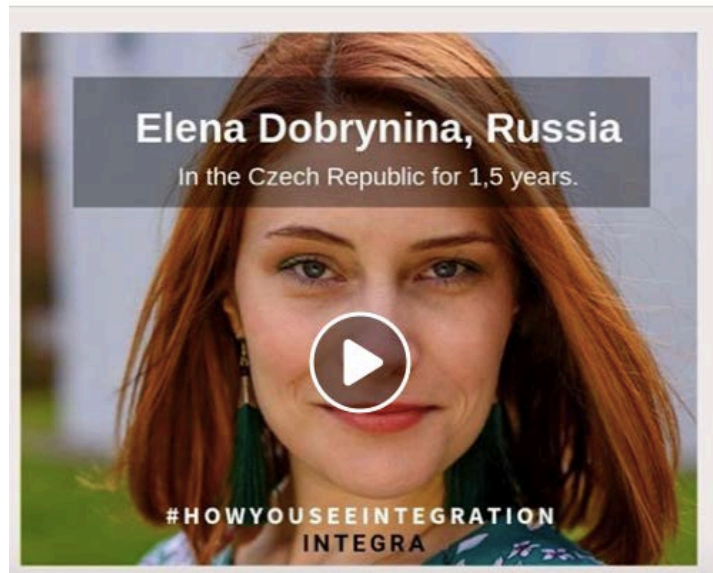


Integrační centrum Praha / Integration centre Prague  
May 16 at 5:00 PM · 🌐

How do foreigners living in Prague see integration? 🇷🇺 Elena was the next participant of our PhotoVoice project! 😊

For more photos and stories come to the whole exhibition:  
[bit.ly/PhotoVoicePrague](http://bit.ly/PhotoVoicePrague)

"The content of this video represents the views of the author only and is his/her sole responsibility. The European Commission does not accept any responsibility for use that may be made of the information it contains."



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PhotoVoice: Integrace cizinců očima Pr... Watch later Share

**Nastassia Anishchanka, Bělorusko**  
V České republice žije 2,5 roku

#HOWYOUSEEINTEGRATION INTEGRA

YouTube

likem, ale prostě

PhotoVoice: Integrace cizinců očima Pr... Watch later Share

**Justyna Janowska, Polsko**  
V České republice žije 5 let

#HOWYOUSEEINTEGRATION INTEGRA

YouTube

ražování

PhotoVoice: Integration ... Watch later Share

**Elmira Borodiyenko, Israel**  
In the Czech Republic for 2.5 years.

#HOWYOUSEEINTEGRATION INTEGRA

YouTube

I came to Prague because my husband doo

PhotoVoice: Integration ... Watch later Share

**Elena Dobrynina, Russia**

#HOWYOUSEEINTEGRATION INTEGRA

YouTube

isgue

PhotoVoice: Integrace ci... Watch later Share

#HOWYOUSEEINTEGRATION INTEGRA

YouTube

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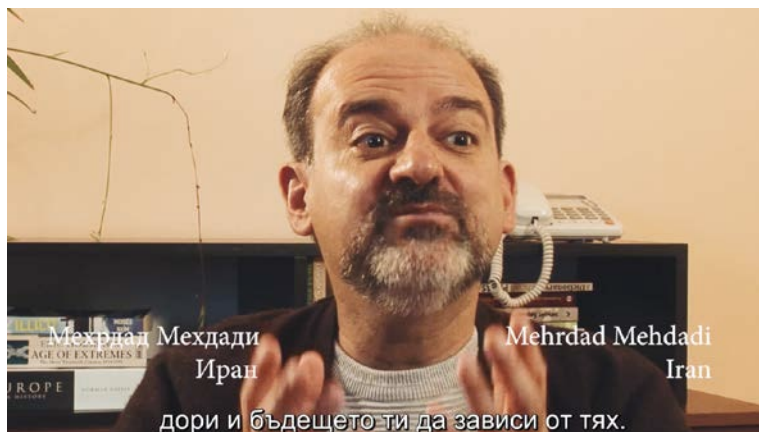
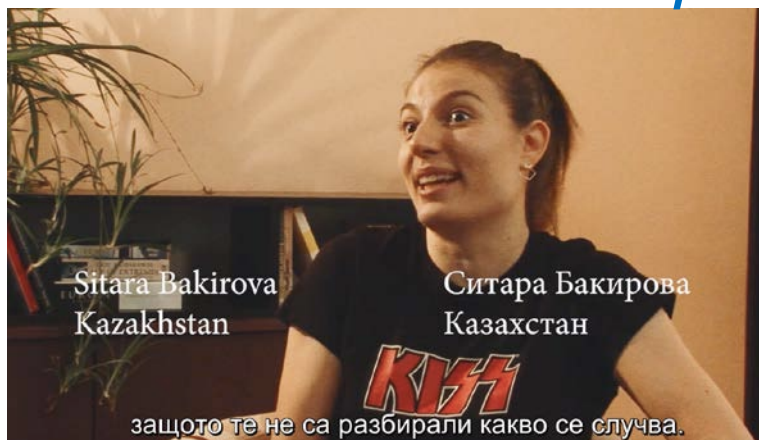


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## "We, the other"



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# Creative tools

## Posters

## Illustrated books

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PRESENTS  
**DIGITAL CREATIVE TOOLS # INTEGRA**

**SLIČNOSTI U RAZLIČITOSTI**  
RIJEČI HRVATSKOG I PERZIJSKOG JEZIKA  
AUTOR: BOHIS PATREČIĆ

How does the City of Prague support integration of foreigners?

- Město disponuje koncept integrace cizinců. The City of Prague has its own policy for integration of foreigners.
- Město provozuje webovou stránku a Facebook pro cizince žijící v Praze. The City of Prague runs a website and Facebook for foreigners living in Prague.
- Město podporuje akce, v rámci kterých mají Češi a cizinci možnost se sebat. The City of Prague supports events where foreigners and Czechs can meet.

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Getting to know someone's culture, language, history, architecture, food, people, way of living, way of thinking will bring us closer and make us understand that we are all just humans.

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СЛУЖБА ОБЩИНА В УСЛУГА НА ГРАЖДАНЕ НА ТРЕТИ СТРАНИ  
Служба община с целта е да бъде предоставена информация за услуги, които са достъпни за трето-странни граждани, да бъде гарантирано, че тези услуги са достъпни.

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Службата за общински услуги в София е имала инициатива за предоставяне на услуги за трето-странни граждани, като например: регистрация, спешни номера, общ транспорт, обучение и здравна комуникация.

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<https://call.sofia.bg/bg/Signal/Create/> | [www.gripshite.bg/](https://www.gripshite.bg/) | [www.civickg.com/](http://www.civickg.com/)



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# INFOGRAPHICS

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# Podcasts and Radio Broadcasting



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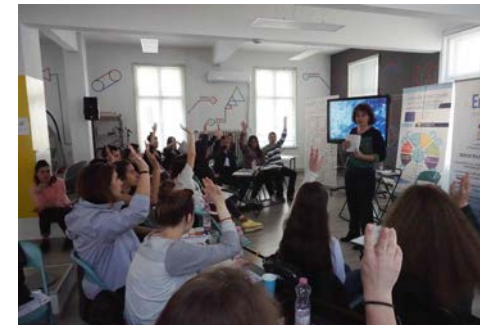


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## EVENTS



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